

Management Development Centre

Managing your Mental Wellbeing

Be the Best Leader you can be!
Invest in your mental wellbeing with our
comprehensive 3-day seminar:

- ✔ Full Mental Health Screening
- ✔ Coping Strategies & Techniques
- ✔ Emotional intelligence
- ✔ Confidential 1-on-1 Sessions

Book now & prioritize your Health!

Fees: MK400,000.00
Dates: 27- 29 November, 2024
Venue: Joma Adventure Lodge -
Salima



Speaker: Prof. Chiwoza Bandawe

Apply here:

<https://forms.gle/N7HbUTKwABJZxsgR6>

**Our
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“Developing great leaders and managers”

- Innovate
- Create
- Generate

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